

As children are entered into a world of technology and gaming, it can be quite daunting to know how long to allow them on their devices and how to filter content. Have a look at the following websites that offer advice for online chatting, gaming and safeguarding.

<https://parents.ygam.org/gaming-advice/>

<https://www.gov.uk/government/publications/child-safety-online-a-practical-guide-for-parents-and-carers/child-safety-online-a-practical-guide-for-parents-and-carers-whose-children-are-using-social-media>

https://swgfl.org.uk/resources/online-safety-guidance-for-parents/?gclid=EAIaIQobChMI59X575KM9wIVD7_tCh2anAzvEAAYASAAEgKSPfD_BwE

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

<https://saferinternet.org.uk/guide-and-resource/parents-and-carers>